





Hashimoto's & COVID Where's the Connection?







Proper Test for The Thyroid

- Inadequate testing and review is the reason so many thyroid issues go undetected, leaving the patient with a heavy symptom burden
- A blood test needs to have <u>ALL</u> of the following <u>EVERY TIME</u>:
 - TSH, TT4, FT4, TT3, FT3, T3 Uptake, RT3, TPO & TBG Antibodies
 - RT3 can be left off if liver, adrenal, immune, and inflammatory scores are normal
- In my office this test (without TBG antibodies) costs \$250





Hashimoto's: The Enigma

- The most common autoimmune disease
- One of the most benign autoimmune disorders
- Antibodies to the TPO or TBG qualify for diagnosis (MAYO story)
- The pattern in TPO antibody Hashimoto's:
 - TSH: anywhere & variable, immune status dependent
 - T4: low to low normal
 - T3: low to low normal
 - TPO Antibodies: <30 iu/ml
- The pattern with TBG antibody Hashimoto's:
 - TSH: Normal Range 1.85-3.0
 - T4: Normal range 6-12 mlu/l (note negative feedback loop)
 - T3: Below normal 100-180 ng/dl
 - TBG Antibodies <116 IU/mL





Don't Drink The Water

- Halides accumulated over long periods may occupy iodine receptors and or restrict iodine absorption into thyroid follicular cells.
- Although molecularly similar, the halides are not capable of being used to make T1 or T2 molecules.
- Often, this accumulation may lead to free radical toxicity and then to TPO antibodies.

Chlorine, Fluoride, Bromine:

• In areas where fluoride levels in the water registered above 0.3 mg/l, the risk of having a high rate of hypothyroidism was 37% greater compared to areas that do not fluoridate.





The Gut Connection

SCFs: acetates, butyrates, propionates

- Generation of T-regulatory cells
- Downregulated by all leaky gut contributors and low microbiome
- Downregulated by spike protein inflammation

ASCA-ANCA

- anti- Saccharomyces cerevisiae antibodies-Ulcerative colitis
- antineutrophil cytoplasmic antibodies-Crohn's
- Increased in molecular mimicry with spike protein
- Antibiotic use common in hospitalization treatments





The Cardiovascular Link

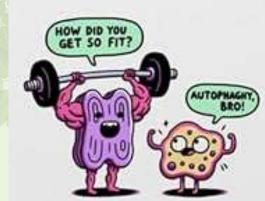
- Circulation to the thyroid gland
- TBG Antibodies in the bloodstream
 - Increased T-reg, antibody, and NK Cell immune dysregulation
- Microclotting
 - Interruption of normal blood flow
- Clinical observation of greater variance of MCV and RDW
 - Bone marrow spike protein
 - Including skull to brain





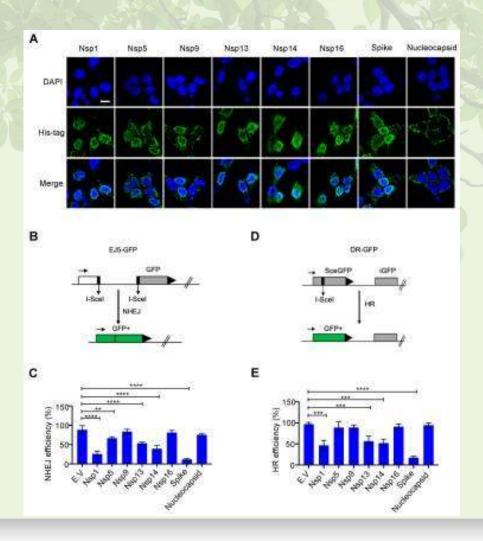
Autoimmunity | Autophagy | Autoimmunity

- We are inherently autoimmune
- Normal antibody production and cell removal is defined as apoptosis or autophagy
- Out of range antibody and cytotoxic activity is autoimmunity
- Predisposed apoptotic targets are converted into autoimmune victims by accelerated T-cell & NK cells
- There are 3 phases of progression in autoimmunity
 - 1) Genetic & Cell Wall Alteration
 - 2) Molecular Mimicry
 - 3) Epitope Spreading/ Bystander Activation





Genetic & Cell Wall Alteration | Phase 1

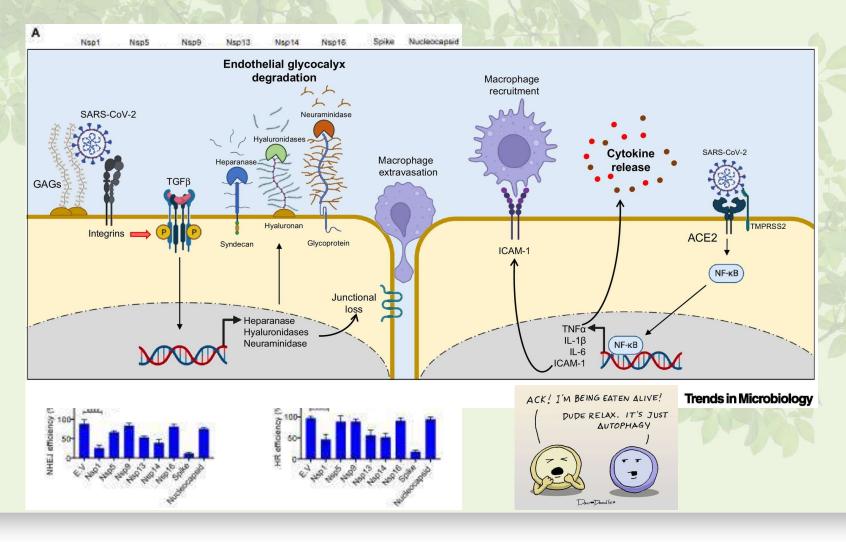








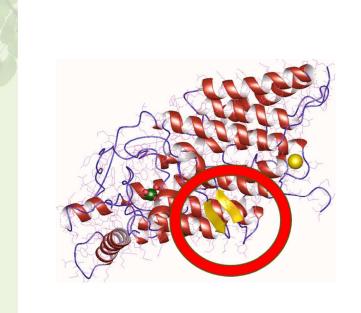
Genetic & Cell Wall Alteration | Phase 1



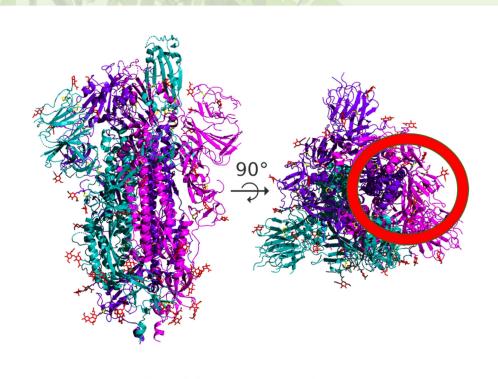




Molecular Mimicry-Protein Specific | Phase 2



TPO Enzyme Structure



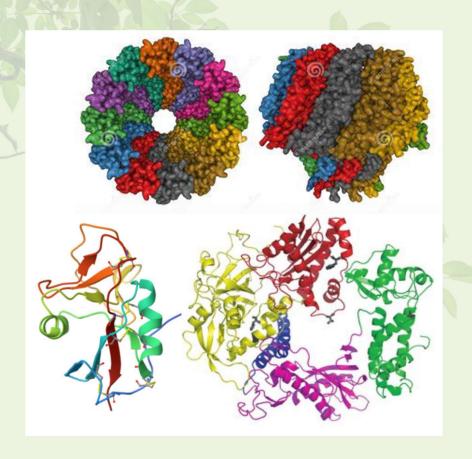
SARSCov-2 Protein Structure





Epstein-Barr, HHV-6, and Covid

- Epstein-Barr and HHV-6 have long been known as autoimmune instigators for many autoimmune disorders.
- Molecular mimicry is the leading theory as to why.
- Endemic viruses downregulate vitamin
 D receptors and interferon production
 to decrease immune recognition.
- Protein synthesis and autophagy is decreased in older populations.







Molecular Mimicry

Microbe and Host Cell:

Ep:

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Md

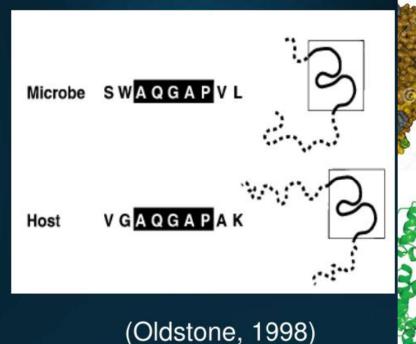
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- Share of a linear amino acid sequence
- Share of conformation fit
- Host immune response against the microbe reacts if the host sequence comprises a biologically important domain
- Autoimmunity may occur

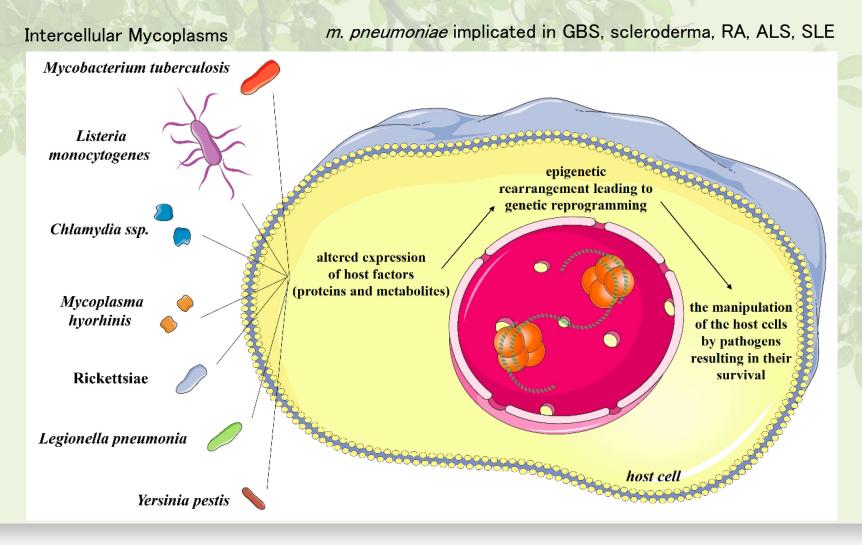








Mycoplasmic Infections







Epitope Spreading | Phase 3

(aka "Bystander Activation")

- Epitope (determinant) spreading is the development of immune responses to endogenous epitopes secondary to the release of self antigens during a chronic autoimmune or inflammatory response.
- The past year has seen considerable advances in our understanding of the contribution of epitope spreading to the chronic pathogenesis of experimental T-cell-mediated and antibody-mediated autoimmune diseases.
- Most significantly, conclusive functional evidence for a major role for epitope spreading in the chronic athogenesis of murine relapsing-remitting experimental autoimmune encephalomyelitis, a CD4 + T-cell-mediated model of multiple sclerosis, was forthcoming.





Epitope Spreading | Phase 3

(aka "Bystander Activation")

• Epitope (determinant) spreading is the development of immune responses to endogenous epitopes secondary to the release of self antigens during a chronic autoimmune or inflammatory response.

PLP178-191 is primarily responsible for relapses in SJL/J mice primed with PLP139-151.				
Tolerogenic treatment*	Number of relapses per mouse	Relapse frequency	Mean peak clinical score	Mean day of onset of relapse
Sham-SP	8/10	0.80	2.9	33
PLP139-151-SP	5/10	0.50	2.8	37
PLP178-191-SP	2/10 [†]	0.2 [÷]	2.7	38
PLP139-151-SP + PLP178-191-SP	2/10 [†]	0.2 ⁺	2.5	42

Article Open access | Published: 31 October 2023

Antigen presentation by B cells enables epitope spreading across an MHC barrier

Cecilia Fahlquist-Hagert, Thomas R. Wittenborn, Ewa Terczyńska-Dyla, Kristian Savstrup Kastberg, Emily Yang, Alysa Nicole Rallistan, Quinton Raymond Markett, Gudrun Winther, Sofie Fonager, Lasse F. Voss, Mathias K. Pedersen, Nina van Campen, Alexey Ferapontov, Lisbeth Jensen, Jinrong Huang, John D. Nieland, Cees E. van der Poel, Johan Palmfeldt, Michael C. Carroll, Paul J. Utz, Yonglun Luo, Lin Lin & Søren E. Degn

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8699 Accesses | 2 Citations | 20 Altmetric | Metrics

PLP178-1

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Tolerogeni treatment*

Sham-SP

PLP139-1

PLP178-1

PLP139-1 PLP178-1

Abstract

Circumstantial evidence suggests that B cells may instruct T cells to break tolerance. Here, to test this hypothesis, we used a murine model in which a single B cell clone precipitates an autoreactive response resembling systemic lupus erythematosus (SLE). The initiating clone did not need to enter germinal centers to precipitate epitope spreading. Rather, it localized to extrafollicular splenic bridging channels early in the response. Autoantibody produced by the initiating clone was not sufficient to drive the autoreactive response. Subsequent epitope spreading depended on antigen presentation and was compartmentalized by major histocompatibility complex (MHC). B cells carrying two MHC haplotypes could bridge the MHC barrier between B cells that did not share MHC. Thus, B cells directly relay autoreactivity

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151.	
Mean peak clinical score	Mean day of onset of relapse
2.9	33
2.8	37
2.7	38
2.5	42

How SARS COV-2 is special in Hashimoto's

Checks all the boxes

☑ Phase 1

☑ Phase 2

☑ Phase 3





Infection Instigated Autoimmunity

Microbe Name	Disorder(s)	Microbe Name	Disorder(s)
Porphyromonas Gingivalis	RA	Entamoeba Histolytica	Bone & Brain
Streptococcus Mutans	Al Myocarditis	Giardia Lamblia	GI, Intestinal autoimmunity
Helicobacter pylori	GI, Brain, CNT, Hashimoto's	Cryptosporidium Parvum	Colon AI, Celiac, NCGS
Camphylobacter Jejuni	GI, Brain, CNT	Blastocystis Hominis	IBS, Fibromyalgia
Yersinia Enterocolitica	GI, Eye, Arthritis, Hashimoto's	HSP-60/Chlamydia	Brain, Cardiovascular
Clostridium Difficile	GI, UC, Crohn's	Streptozymes	OCD, PANDAS, Heart, Arthritis
Candida Albicans	GI, all autoimmune	Mycoplasmas	SLE, Arthritis, Phospholipid AB
Rotavirus	GI, Type 1 diabetes	Acinobacter	MS







Microbe Name	Disorder(s)	Microbe Name	Disorder(s)
Klebsiella	CNT, Skeletal, Eye	HHV-6	CFS, Fibromyalgia, SLE, Brain, Hashimoto's
Mycobacterium Avium	GI, Hashimotos, MS Type 1 diabetes	Borrelia Burgdorferi	BBB, Brain , Arthritis
Aspergillus	CFS, Fibromyalgia, Brain	Babesia, Ehrlichia, Bartonella	BBB, Brain, Arthritis
Penicillium	CFS, Fibromyalgia, Brain	Influenza	Encephalomyelitis
Stachybotrys	CFS, Fibromyalgia, Brain	Semliki Forest Virus	Al Demyelinating Disease
EBV	CNT, SLE, Brain/ MS, Hashimoto's	Herpes Simplex	Al Encephalitis
Hepatitis C	Liver, p450 Hepatocyte Al	Epstein-Barr Virus	Al hepatitis
Cytomegalovirus	Type 1 diabetes, CNT, SLE, Brain	Coxacie Virus	Al Myocarditis







SARS COV-2 Virus Autoimmunity

Microbe Name

Disorder or Tissue Name

SARS COV-2 "COVID19"



Front Immunol. 2020; 11: 617089.

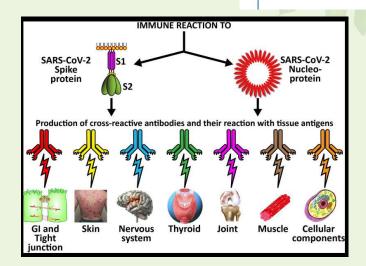
Published online 2021 Jan 19. doi: 10.3389/fimmu.2020.617089

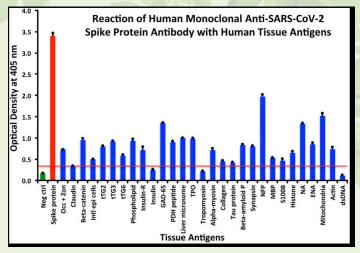
PMCID: PMC7873987 PMID: 33584709

Reaction of Human Monoclonal Antibodies to SARS-CoV-2 Proteins With Tissue Antigens: Implications for Autoimmune Diseases

Aristo Vojdani, 1,2,* Elroy Vojdani, 3 and Datis Kharrazian 2,4,5

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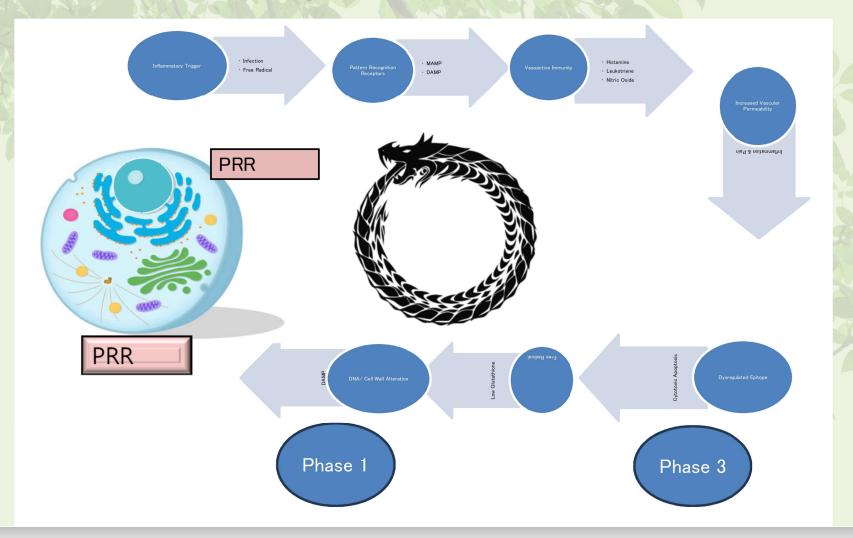








The MAMP/DAMP Progression to Autoimmune Feedback Loop







- Lipid Nanoparticles-serum of the "vaccines" with toxic liposomal base
 - Moderna
 - SM-102
 - Polyethylene glycol (PEG) 2000 dimyristoyl glycerol (DMG)
 - 1,2-distearoyl-sn-glycero-3-glycero-3-phosphocholine (DSPC)
 - Pfizer
 - (4-hydroxybutyl)azanediyl)bis(hexane-6, 1-diyl)bis(2-hexyldecanoate)
 - 2 [(polyethylene glycol)-2000]-N,N-ditetradecylacetamide
 - 1,2-Distearoyl-sn-glycero-3-phosphocholine
- Microclotting
- IgG4
- Development of self organizing nanobots?





Figure 11. Findings for Pfizer incubation study for 372 days; (a) Day 22, this is what we describe as a beaded chain (at 400X magnification); (b) Day 24, 2-dimensional geometric self-assembly at the bottom (at 200X magnification) in normal saline; (c) Day 60, floating 3-dimensional detailed chip-like structures (400X magnification) in distilled water, (d) and (e) day 60, accumulated 3-dimensional chip-like structures within an oval shaped boundary (200X/400X) in distilled water; (b), (g), (b), (i) Floating filaments shedding bubbles inside and outside in normal solution at day 95 (100x/100x/200x/200x); (j), (k), (l), (m) Progressive degenerative changes in distilled water 200X (day 82/day 272).

accines" with toxic liposomal base

2000 dimyristoyl glycerol (DMG)

l-glycero-3-phosphocholine (DSPC)

)bis(hexane-6, 1-diyl)bis(2-hexyldecanoate)

00]-N,N-ditetradecylacetamide

3-phosphocholine

Mic

IgG

Dev

International Journal of Vaccine Theory, Practice, and Research

IJVTPR

Real-Time Self-Assembly of Stereomicroscopically Visible Artificial Constructions in Incubated Specimens of mRNA Products Mainly from Pfizer and Moderna: A Comprehensive Longitudinal Study

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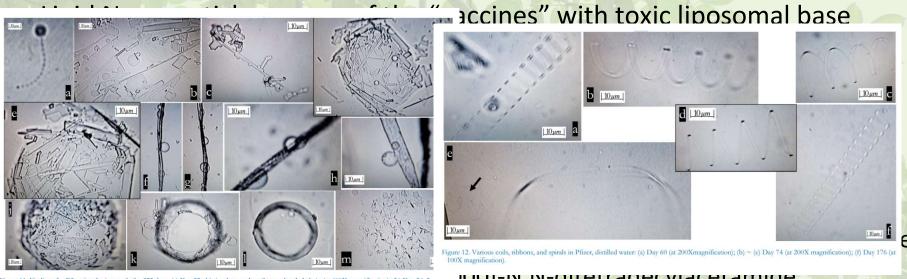


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International Journal of Vaccine Theory, Practice, and Research

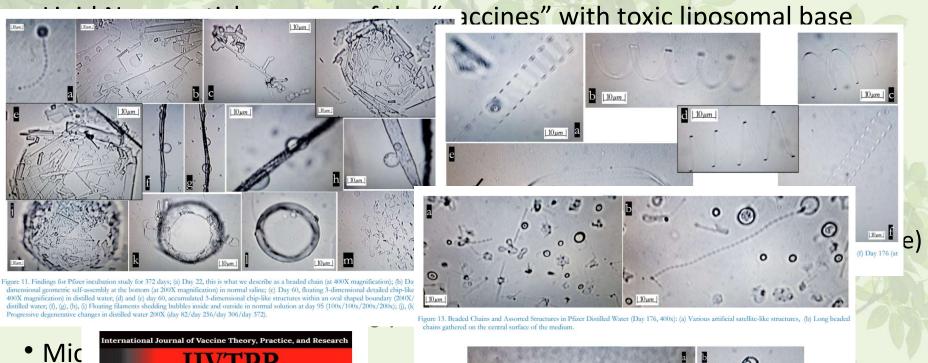
IJVTPR

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• IgG

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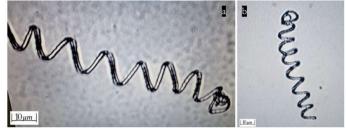


Figure 14. Typical Algae-typed Magnetic Nanobot-like Spirals in Pfizer in distilled water: (a) Day 176 (400x); (b) Day 337 (200x).





What About Our Own Proteins?

Infections may be the triggering event for dysfunctional immune cycles.

- Cytokines are protein based and can be reduced with proteolytic enzymes.
- NFKB inhibitors reduce the signaling that releases NK cells.
- Enzymes such as the TPO and TBG are protein based, so are often targets for autoimmunity. The targeting mechanism is believed to be pH based.
 Alkalization of body fluids and tissues regains targeting control of both enzymes and antibodies.





Using Transformation Enzyme® Products

- Proteolytic enzymes Protease, Protease 375K, Protease IFC
- Lipolytic enzymes Lypo, LypoZyme
- Immune support to resolve infection Immune AV
- Anti-inflammatory support RepairZyme
- Cellular repair Super CellZyme





