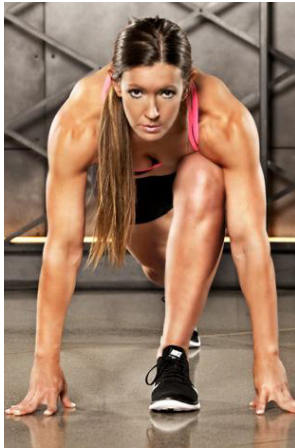


Pro Athlete Testimonials



Transformation Enzymes has been part of my daily nutrition plan for the past 9 years. It was a game changer in getting my health back from adrenal exhaustion and finding a way out of my food allergies. Being a Competitive Fitness Athlete, it continues to be a key factor in my supplementation. I take **PROBIOTIC**, **PROTEASE IFC** and **CARBO-G** to keep my digestive system working properly so I can absorb the nutrients I take in better and eliminate toxins quicker. I take **ADRENAL COMPLEX** since my adrenals are continually working from training, lack of sleep and the stress of owning a thriving fitness business. I also take **JOINT HEALTH** to keep my joints healthy and **BALANCEZYME PLUS** and **LYPO** for optimal fat burning. As the need arises I will utilize other enzymes since I try to keep my nutrition and health as holistic as possible. I am thankful for my health and know Transformation Enzymes have been a key factor in that along with all the support from Trey and Lisa over the years!!

-Sonya Renea Roemisch, Ms. Fit American Beauty 2014 and owner of Younique Physique



I have been a competitive athlete my entire life, and have been a professional strength athlete since 2003. As a result, doctor visits and various treatments have always been part of what I do. I was diagnosed with Spondylolisthesis several years ago and throughout the years have had incurred muscle, tendon and ligament damage on various occasions. Most recently a torn hip flexor hampered me for two competitive seasons, and only recently was I able to once again compete at 100%. The therapy that I receive is unique in that various methods are used to work toward healing. We have had great success with regular adjustments, Active Release, Soft Tissue Mobilization, and most recently customized enzyme therapy with the help of Transformation Enzyme Corporation. Fitness Chiropractic and Dr. Patel provide a therapy that is much more advanced and beneficial than any other I've experienced. He has healed injuries that plagued me for years. Through regular treatment and enzyme therapy he has allowed me to be pain free and make gains in my athletic career that I thought were no longer possible.

-Craig Smith, Top 10 Professional Highland Games Athlete in the USA



Tim Brown is a Heisman Trophy winner and one of the NFL's most prolific wide receivers, a nine time Pro Bowl selection in 16 seasons with the Los Angeles Raiders where he holds franchise records for touchdowns, receiving yards and punt return yards. An analyst for Fox Sports Network, Comcast's Pro Football Now and News America since his retirement, Tim is also heavily involved in the "9-1-1 for Kids" emergency preparedness program, is an ambassador to the President's Physical Fitness Council on Behalf of Reebok and is starting a NASCAR racing team as part of their "Drive for Diversity" program.

In my seventeen years in the NFL, I was one of those guys who did whatever the doctor said to do. I never took any vitamins, I never took anything that was healthy. I tore my knee up in 1989, my second year in the league, so I literally lived on Indocin for the next fifteen years. I knew that Indocin would hurt my liver or my kidneys, but I didn't go a day without taking Indocin until I met Transformation™.

I hurt my thumb in 2004, my last year in the NFL, when I was playing with the Tampa Bay Buccaneers. It was the same thumb I had hurt 3 years prior, and I had played 10 weeks of the season with two fingers taped together because the thumb was inflamed. So I took five **PROTEASE** right after practice, then I took five later on that night. Long story short, the problem that had stuck with me for three months three years prior was literally gone in 48 hours. When I was getting ready to go out to practice two days after I started taking enzymes, the doctor was about to tape my thumb up and he thought I had gotten a shot in my thumb, because all of a sudden I had no more pain in my thumb. And for me, that was amazing. That was one of the first times I realized that, okay, I've got something special here.

Another problem I had at the time was from my surgeries. And one of the things I noticed immediately when I'd taken **PROTEASE** is that I didn't have that stiffness in my body when I sat down and got up. My joints weren't aching, nothing was tight. I didn't have any issues anymore when I got up in the morning either. And to me, that was mind-blowing. I was about 37 years old and my body is feeling better than when I was seventeen, eighteen years old. And I believe I owe that all to the enzymes. My ability to move around, to feel great, to play with my kids, to do all those things—things I didn't know five years ago if I'd be able to do. I feel a lot more confident now that I'll be okay.

I don't take anything else. My daily regimen is **PROTEASE** in the morning when I get up, then **PROTEASE IFC**, **EXCELLZYME** and **SUPER CELLZYME**. And I'll repeat that process probably about two to three o'clock in the afternoon. Of course I carry **DIGEST** and **EFA's** in my pocket—I don't go anywhere without those. Then at night I'll do the same thing, and I may add a couple of **GASTRO** when I go to bed. And that has been my life. For





the last four years I take nothing—I take no Advil, I take no Claritin D, no inflammation pills, nothing. I live with enzymes. And I say I live ‘with’ enzymes, not ‘on’ enzymes. I’m living with them and they have been and I think will continue to be great for me as I move on.

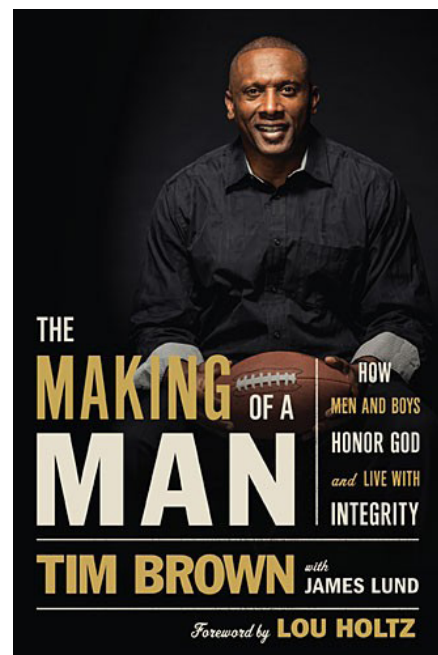
Now I’m the enzyme man—that’s what my wife calls me, “the enzyme man.” I was just amazed that the whole world didn’t know about it. That’s what shocked me, that the whole world did not know

about Transformation™ and the enzyme program that they have. So immediately I wanted to get everybody involved, to get other players involved in it, and to get my family involved. As much as I possibly can, I’m talking to everybody I run into who I think can benefit from this, and we’re trying to get in front of as many people as we can.

And that’s the great thing about this program. It’s not that they’re telling you to stop taking what the doctor says. All Transformation says is to add to whatever you’re currently taking. And now in my house, if you have an issue and you’re not taking enzymes, I don’t want to hear about it. That’s just bottom line. I don’t care what the doctor said. And I tell you, everyone in my family knows, if you’re not taking the enzymes, don’t come to the table with any problem you have. If anything comes up, I don’t want to hear about it if you’re not taking the enzymes. Everybody at my church knows. My pastor is 72 years old and both he and his wife are health nuts who eat right and do all the healthy things, and they know about the enzymes and take the enzymes. And if he asks me to come speak at the church, he’ll say, “Isn’t it amazing? This guy plays seventeen years in the NFL, he can still walk straight, he can still walk without limping.”

Because in the world that I come from, I’m seeing athletes really just deteriorate as they go on in their life because of what we did for so long. I mean, sure I played 17 years in the NFL, but I played 27 years of football if you go back to junior high, high school, and college. And that can’t be good for your body. But I’m glad to know now that after all the harm that I did to my body, hopefully now I’m doing some good for my body. And I really don’t think that would be possible without enzymes.

Five years ago if you had this conversation with me about my future and where I thought I would be, I probably wouldn’t have been too optimistic. Because all I have is the history that has gone on before me and the guys who I know are struggling. I lived in a world where I see guys taking this, taking that, and it’s only causing more and more problems





for them. They take these anti-inflammatory products, they take products for depression, they take all this stuff, and it's only causing them more and more problems.

I was in a meeting just two or three weeks ago with the Commissioner of the NFL, the Executive Director of the Player's Union, and some older players were in the room. They were talking about all these great things they're going to do for the players as they come out of the league. They're saying, "Well we've got this drug for them, we've got that drug for them, we've got this and we've got that." And I raised my hand and said, "It's only going to cause more problems. You have a drug for the symptom, and when the symptom hits you'll say, 'Oh we have a drug for that too. When that symptom hits, we've got a drug for that too.' But before we get to that point, can't we give these guys something that's helpful to them? Do we have any homeopathic methods? You know, is anybody talking about anything that's all natural?" And I get calls now almost on a weekly basis saying, "My back is hurting. I'm tired of taking all this stuff, it's not helping. I hear you've got something going on that's working."

So I'm pushing it on all levels. And part of our business plan is that we want to introduce products to kids. Because my four year old twins take them. They get up in the morning, they go down to have breakfast, and they say, "Where are the enzymes?" My son calls them 'zymes. "Where the 'zymes at, daddy? Where the 'zymes at?" They don't walk out of the house without taking their enzymes. And my son has asthma so we take everything. They take **PUREZYME**, they take **GASTROZYME**, they take **DIGESTZYME**. Bottom line is they're taking them and they're helpful to them. Again, my father's 72 years old, and you know how these old guys from Louisiana who don't listen to anybody about anything are. But now we have him on **DIGEST**, **EFA's** and **PROTEASE** — he's taking everything. It took me a while to get him on them but now when I go over there, he's shaking his bottle. That means it's time to load up and give him some more. He calls **DIGEST** his "tummy pills." He'll say, "Can you bring me those tummy pills? They make my tummy feel good, man."

I could go on because I have tons and tons of stories. About a month and a half ago I burned myself really bad, and in about two weeks it started to fade and fade. And it's literally gone now— you probably can't really see it because it's almost gone. And I told my wife, "Call Dr. DicQie. I don't know what happened. I can't explain why I'm healing like that." Last Christmas at my place in Dallas I was climbing up on a ladder because our tree is fifteen feet tall. So I'm climbing up to put this tree together and I smashed my hand and I cut deep into it. And now you can't even tell where that mark is. I have another cut near it back from my basketball days. I got caught up on the rim and cut my finger ten, twelve years ago and this was still there but the one I did last Christmas is absolutely gone. Dr. Mamadou maybe can explain it, I can't. But I know it happened and I know it's now gone. And since I'm not taking anything but these enzymes it has to be because of them. Again, that's my testimony. Thank you.

-Tim Brown



“As a professional athlete I have struggled with extreme muscle soreness, to the point I would get sick if I overdid my workouts. I have struggled with acne my entire life. And it also came to my attention that I was only eliminating once a day. Within a week of implementing the protocol Amy prescribed, I was eliminating several times a day, my skin was clearing up, and I was able to train as hard as I wanted to with minimal soreness. Other benefits I noticed were a significant increase in endurance as well as increased cognitive function. It’s like a fog had been lifted. I was able to listen to and absorb dense educational material during a 3-mile run. I feel optimized in every way. After 6 years, my husband and I have also conceived for the first time ever after being told it was nearly impossible.”

-Courtney Rodriguez, ACSM CET, NESTA CPT



For more information on how you can impact the lives of your patients with enzyme nutrition, please visit us at www.transformationenzymes.com. To review individual protocols and for additional resources specific to Muscular System health, email moreinfo@tecenzymes.com or call 800-777-1474.

Questions? 1-800-777-1474
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